

Summary of General Terms and Conditions for Certified for self-care

Svensk Egenvård has developed the system Certified for self-care which is the only certification uniquely created for producers and suppliers of food supplements, sport- and weight loss products. Certified companies are audited by an independent part to make sure that they comply with requirements from authorities, industry- and international guidelines. To be certified is an effective way for companies to demonstrate a documented and serious work with food safety.

Criteria for certification

The criteria for Certified for self-care are based on requirements from legislators, industry guidelines and well known international standards for food safety such as ISO/FSSC 22000, ISO 9001, Global Standard for food safety (BRC) and International food standard (IFS). The latest version of criteria for Certified for self-care can be found on Svensk Egenvård's website.

Audits

Certified companies are audited to verify that they fulfil the criteria. A more extensive audit is performed the first year and then every fourth year on-site. This audit takes approximately 1,5 days depending on the size and type of business of the company. At the audit, the auditor and the responsible person/-s at the company assess the documentation and if applicable, the production.

Year 2-4 less extensive audits are performed. These audits take 0,75-1 day depending on the size and type of activities of the company. The audit on-site performed year 2 and 4 can sometimes be replaced by a remote audit if the company wishes (only for companies without own production).

The audit ends with a joint review of the preliminary results. All audits are performed by auditors from a certification body appointed by Svensk Egenvård.

Audit report

After completing the audit, the company receives a written report from the auditor with the results. In the report,

nonconformities from the audit are summarised and motivated by the auditor.

Nonconformities

Nonconformities can be classified as either minor or major. A minor nonconformity is a finding indicating a weakness of the management system but that does not have a significant impact on the ability of the management system to achieve its purpose.

A major nonconformity is a finding that means absence of, or the failure to implement or maintain one or several of the requirements specified in the criteria. It can also be a situation that raises significant doubts of the ability of the system to achieve the necessary results. When major nonconformities are found, the report is always reviewed by an additional auditor to ensure harmonisation of assessments.

A report that includes measures and results to correct nonconformities shall be sent to the certification body within 3 months after receiving the audit report. Major nonconformities can sometimes require an additional audit on site and always has to be closed before a certificate can be recommended and issued.

When combining Certified for self-care with ISO/FSSC 22000 three types of nonconformities will be used. Except from *minor* and *major*, a nonconformity can also be classified as *critical*.

Certificate

After an approved audit, the company receives a certificate showing that the company fulfils the requirements in the

criteria. The certificate is valid for four years with the understanding that all other conditions are met.

Logotype

The Certified for self-care's logotype may be used in information regarding the company. The logotype may not be used on the product or in product information.

On the product/ in the product information the wording "Företaget är certifierat enligt Certified for self-care.", or "Företaget X är certifierat enligt Certified for self-care." may be used to communicate that the company is certified. The corresponding wording may be used for sport- and weight loss products when applicable.

Combination with other standards

Certified for self-care can be combined with other standards such as ISO 22000 and FSSC 22000. When certified in combination with ISO/FSSC 22000 the time required for the more extensive audit for Certified for self-care performed the first year and then every fourth year can be reduced to 0,5 day. The time for the less extensive audits that normally take 0,75-1 day can be reduced to 0,25 day.

For more information about ISO/FSSC 22000, please visit [Swedac](#) and [FSSC 22000](#).

Appeals

An appeal of a decision from an audit can be done to the certification body.

Termination

Termination shall be done in writing to the certification body at least 60 days prior to termination.

Force-Majeure

When fulfilment of obligations by one party is made impossible due to events beyond its reasonable control, it shall not be held responsible during that period.

Confidentiality

Employees of the certification body commit to maintain confidentiality and not to use or share with a third party any information received from the customer about the customer's activities, products and production methods without the consent from the customer.

Updates of criteria for Certified for self-care

The criteria for Certified for self-care are updated when needed. When criteria are updated, a transition time for implementation is always given. The time is adjusted after the extent of the update. Certified companies will receive the updated criteria by e-mail from the certification body. The updated criteria will also be published on www.svenskegenvard.se

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A list with the names of the certified companies will be published on Svensk Egenvård's website.

Support before audit

If the company wishes, it can choose to undergo a pre-audit before the first audit. The pre-audit is booked through the certification body. During the pre-audit, the company and the auditor discusses predetermined parts of the criteria to identify if there are any parts requiring actions before the real audit.

Offer

To receive more information about prices or on how to become certified according to Certified for self-care, please contact Svensk Egenvård at info@svenskegenvard.se.

Contact person at Svensk Egenvård

For more information or questions about Certified for self-care, please contact Mats Nilsson, managing director at Svensk Egenvård at +46 768-259 450 or at mats@svenskegenvard.se